Variety is Rewarding!

Activity Goal:

To encourage students to chose a variety of foods in the lunch line.

Activity Description:

Every person that has items from three or more food groups on their lunch tray is given a ballot to enter to win a prize (a gift certificate is the best choice).

Guide to Variety Activity:

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Task Description	Lead Time	Completion Date	Person(s) Responsible
★ Become familiar with this a	ctivity 3 months		You
 Ask your principal for perm to set up the ballot box and explain the activity set up a date and time with principal for the activity 			You
* Make the ballots and the babox	llot 2 months		You
★ Make a sign for the cafeteria	a 2 month		You
* Buy a gift certificate for a lorestaurant, movie theater or			You
★ Become familiar with the fo each food group so you can recognize them			You
* Remind your principal and/foodservice director about to activity			You
★ Set up the table with the bal box and the ballots and put poster and do the activity			You
★ Draw the winners name and them the gift certificate	Day of the activity		You
★ Clean up and thank your principal for allowing the act to take place	Day of the activity		You

Detailed Steps:

- 1. Ask your principal for permission to set up the ballot box and explain what the reasoning is behind the activity
- 2. Ask if there is any day and/or time that your principal or foodservice director would prefer that you set up the activity and finalize it
- 3. Make a ballot box out of an old cardboard box or any other box you can get— ask the custodian if they have one you can use
- 4. Ask the custodian if there is a small table available for you to use on the day you have set to do the activity
- 5. Make copies of the sample ballot attached and cut them into single ballots (ask for permission to use the school copy machine; if this is not possible pay for the copies and <u>keep your receipts</u> and you will be reimbursed)
- 6. Make a sign to put up in the cafeteria it has to be where people can see it before they pick up their lunch
- 7. Buy a gift certificate for a local restaurant, movie theater or mall that is popular with your fellow students make it for \$15-20 and keep your receipts!
- 8. On the day that you are set to do the activity set up the table with the ballot box and the ballots (make sure you have pens for people to use for their ballots) at the end of the payment line or the exit of the cafeteria and put up the poster
- 9. As students exit the line see if they have 3 or more food groups on their trays and if they do have them fill out a ballot and put it in the box
- 10. At the end of the designated lunch period have someone you may want to ask your principal or foodservice director- draw the winners name and give them the gift certificate
- 11. Assure that you turn in all receipts so you are reimbursed for all costs